

"...a fantastically dreamy, immersive brand of ambient post-whatever...." ~ Music Is Amazing

Brandon Helms (guitars, samples) & Allen Knight (bass) started From Oceans to Autumn in the summer of 2006 after laying to rest their previous band, Autumn Is Forever (1997 - 2004). Based in Charlotte, North Carolina, the pair proceeded to recruit Eddie McDaniel (drums) & Jodi Haas (guitar) in order to record their debut full-length *Calmed by the Tide* (Forgotten Empire Records, 2007), showcasing a broad range of instrumental post metal & drone rock influences. From Oceans to Autumn also released a split album with Scottish labelmates Fire on the Horizon in July 2008. In October 2010 FOTA released their second full-length *On Earth As It Is* & gained interest from Silber for an EP & an upcoming full-length (*Oath Of Eternals*).

On their new EP *The Flood/The Fall* From Oceans to Autumn continue to build on the sound they've been perfecting for the past five years. The EP consist of two nine minute tracks that bridge the gaps between shoegazer, post rock, & heavy metal (shoemetal?). The instrumental songs are epic & at times border on anthemic with the driving rhythm section pushing you along beneath the wall of guitars. From Oceans to Autumn don't just emulate the post metal bands that have influenced them (Isis, Taken, Earth, Sunn 0))), etc.), they bring us their own brand of cerebral, emotive, & heavy music.

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