Jamie Barnes Honey from the Ribcage

"Jamie Barnes is a singer-songwriter, but not an ordinary one. His songs find the balance between 'pretty' & 'raw' that similar musicians strive for but miss." ~ Dave Heaton, Erasing Clouds

Honey from the Ribcage is Jamie Barnes second album. It's an offering of americana bedroom pop, though the studio has recently moved out of the bedroom & into a room of its own. Recorded over the course of a year in Jamie's home studio the songs are more orchestrated than on *The Fallen Acrobat*. While guitar & vocals remain the focus; banjo, keyboards, glockenspiel, melodica, sitar, tabla, ocarina, music box, & drums fill the mix.

The lyrical content focuses around personal fears, feelings, & events. "All these things are so" draws parallels to events in Jamie's life & the biblical story of Samson. "Second guess my own" is about Jamie's suffering with long-term memory loss & "red prescription" is about his fight with prescription drugs that caused that memory loss. Throughout the album demons, angels, creatures, & colors (black, red, white) appear as symbols of one thing or another.

In the end the record tells the story of a young man coming to terms with his strict religious up bringing in rural Kentucky & sifting through spiritual questions amidst personal strife. A confessional work that shows the more personal a story is, the more universal the truth it reveals.



For distribution & direct ordering information contact: silberspy@silbermedia.com

For booking & interviews contact: contact@jamiebarnes.net

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silber records po box 883, sanford, nc 27331, usa http://www.silbermedia.com

